# **DATING MATTERS RESOURCES**

#### LOCAL RESOURCES

## **House Of Ruth Maryland**

www.hruth.org

2201 Argonne Drive Baltimore, MD 21218 410-889-0840 - Administrative Office 410-889-9347 - Fax

Email: info@hruthmd.org

24-Hour Hotline: 410-889-RUTH (7884) *Help is available in every language.* 

Legal Hotline: 1-888-880-7884

Gateway Project: 410-554-8479 - ABUSER INTERVENTION

(Monday - Thursday 10am - 6pm)

## **TurnAround Inc.**

www.turnaroundinc.org

Email: info@turnaroundinc.org

401 Washington Avenue 2300 N. Charles Street 9100 Franklin Square

Suite 300 2nd Floor Drive Towson, MD 21204 Baltimore, MD 21201 Room 317

410.377.8111 410.837.7000 Baltimore, MD 21237

410.391.2396

## NATIONAL RESOURCES

# **Websites**

### Love is Respect

http://www.loveisrespect.org/

1-866-331-9474

This website has lots of information to help prevent unhealthy and unsafe relationships, and resources to help if you or someone you know is in an unhealthy or unsafe dating relationship. It includes a 24/7 anonymous online chat with a peer advocate and a text chat - text "loveis" to 77054.

## Safe Space

http://www.thesafespace.org/ayuda/ (Español)

This website has much of the information from Love is Respect (above) in Spanish.

## **That's Not Cool**

# http://www.thatsnotcool.com/

That's Not Cool provides tools to help teens draw a digital line about what is, or is not, okay in their relationships, with a focus on what happens on their cell phones, instant messaging, and online profiles

#### A Thin Line

# http://www.athinline.org/

This website provides information on digital abuse, including topics like sexting, digital disrespect, and constant messaging.

# **The Trevor Project**

# www.thetrevorproject.org

This organization provides crisis intervention and suicide prevention services to LGBTQ pre-teens and teens. It includes an online chat with a counselor.

#### Half of Us

# http://www.halfofus.com

This MTV website provides support and resources for a wide range of issues that teens may face, including ways to feel better if you're feeling sad, anxious, or dealing with some tough stuff.

# **Choose Respect**

# http://www.chooserespect.org

This is the website for the national Choose Respect initiative, which helps teens form healthy relationships to prevent dating violence before it starts. It includes lots of information on teen dating violence and healthy relationships. A-2

# **Break the Cycle**

### http://www.breakthecycle.org

Break the Cycle aims to empower teens to end the cycle of domestic violence. The website includes links for legal resources, as well as youth leadership development and education.

## **Hotlines**

## Love is Respect, National Dating Abuse Helpline

1-866-331-9474

This hotline provides 24/7 support and help if you or someone you know is in an unhealthy or unsafe dating relationship, no matter how casual.

#### **Trevor Lifeline**

1-866-488-7386

This hotline provides 24/7 support and help for LGBTQ pre-teens and teens.